

Survivorship Compass



EDUCATIONAL & SUPPORTIVE GROUP FOR CANCER PATIENTS WHO'VE COMPLETED TREATMENT.

Survivorship Compass is an educational and supportive series for cancer survivors who have completed treatment within the last year. Meetings will be held virtually every Wednesday from 4:30 pm to 5:30 pm for six weeks. There is no cost but we ask that if you chose to participate that you commit to the full six weeks. Space is limited, so please RSVP by 10/06/2021 at the Eventbrite link listed on this flier.

Weekly Topics:

- 1. 10/13: Intro: What is Survivorship?**
- 2. 10/20 : Resiliency and Mental Wellness**
- 3. 10/27: Healthy Relationships**
- 4. 11/03: Nutrition and Physical Health**
- 5. 11/10: Sexual Health and Intimacy**
- 6. 11/17: Financial Recovery**

Register on Eventbrite
[survivorshipcompass_](https://www.eventbrite.com/e/survivorshipcompass-fall2021)
[fall2021.eventbrite.com](https://www.eventbrite.com/e/survivorshipcompass-fall2021)

**Or contact us to receive a
direct link.**

Phone: 443-481-5736

Phone: 443-481-3894

E-Mail: Ljackson5@aaahs.org